



State of Arizona
Department of Education

Tom Horne
Superintendent of
Public Instruction

Memorandum

March 15, 2006
CACFP CN# 13-06

To: Child and Adult Care Food Program Child Care Home Sponsoring Organizations

From: Mary Szafranski, Deputy Associate Superintendent
Health and Nutrition Services

Melissa Conner, Director
Child and Adult Care Food Program

Subject: Meal Counts and Menu clarification

It has been brought to the attention of the Department of Education that Sponsoring Organizations expressed confusion with meal counts and menus. Participants on the Child and Adult Care Food Program may be claimed for no more than two meals and one snack or two snacks and one meal per day.

Providers prepare menus on a daily, weekly or monthly basis and plan around available quality food products, sales, and coupons. Nutrition standards are applied to menus, validating preparation of nutritious foods for children in care. Below describes basic menu standards.

- Menus are not to be used in conjunction with meal counts.
- Menus need to reflect no more than two high fat and two high sugar items per week.
- Providers may make adjustments to planned menus for a child based on orders received from a recognized medical authority.
- Providers do not prepare separate menus for each child in care.
- Menu readers are not expected to go through each menu submission to validate that each child in care has received no more than two high sugar and high fat items per week.

Please find enclosed menu ideas that will assist providers with planning nutritious meals for children in care.

ADE believes the above information provides the requested clarification to Memorandum CN# 38-05. Please feel free to contact your program specialist if you have further questions.

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